ELÄMÄÄ JA TEATTERIA                              1ST MODULE: FEBRUARY-MARCH

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| 1stWEEK | Wednesday February 2nd10 a.m-13p.m**THE THEATRE OF LIFE***Learning basic theatre skills*Riikka NurmiAida Dominguez | Thursday February 3rd16 p.m - 19 p.m**THE DANCE OF IDEALS***Healing dance workshop*Aida Dominguez |
| 2ndWEEK | Wednesday February 9th10 a.m – 13p.m**WHO I AM SUPPOSED TO BE?***Self-knowledge workshop through painting*Riikka Nurmi | Thursday February 10th 16 p.m - 19 p.m**WHICH LENSES DO WE LOOK AT LIFE TROUGH?***Photography workshop.*Riikka NurmiAida Dominguez |
| 3rdWEEK | Wednesday February 16th10a.m – 13p.m**OPENING DOORS TO THE WORD.***Cultural visit*Riikka Nuurmi | Thursday February 17th 16p.m – 19p.m**THE SOUNDS OF THE SOUL.***Music and Singing with intention.*Aida Dominguez |
| 4thWEEK | Thursday February 24th 16p.m – 19p.m**WRITE IT OUT!**Creative writing workshopRiikka Nuri | Friday February 25th10 a.m – 13 p.m**DOING FOR COMMON GOOD.***Bringing creativity to some communities.*Riikka NuuriAida Dominguez |

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| 5thWEEK | Wednesday March 2nd 10 a.m – 13p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEFINDING THE TOPIC | Thursday March 3nd 16 p.m – 19 p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEFINDING THE WAY |
| 6thWEEK | Wednesday March 9th10 a.m – 13p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEREHEARSALING | Thursday March 10th 16 p.m – 19 p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEREHEARSALING |
| 7thWEEK | Wednesday March 16th 10 a.m – 13p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEREHEARSALING | Thursday March 17th 16 p.m – 19 p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEREHEARSALING |
| 8thWEEK | Thursday March 24th16 p.m – 19 p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEREHEARSALING | Friday March 25th10 a.m – 13p.m**LET’S PERFORM!**WORKING IN THE PERFORMANCEREHEARSALING |
| 9th WEEK | Wednesday March 30th**LET’S PERFORM!**PERFORMING | Thursday March 31st 16 p.m – 19 p.m**THE INNER PORTFOLIO**Creating your own Elämää ja Teatteria portfolio  |