



ELÄMÄÄ JA TEATTERIA

YOUTH PROJECT 2022

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The background of the slide features a close-up, artistic photograph of several paintbrushes. The brushes have dark wooden handles and bristles of various colors, including blue, red, and brown. They are surrounded by thick, vibrant strokes of paint in shades of blue, green, yellow, and orange, creating a textured and colorful composition.

Elämää ja teatteria is a project that, using the tools of art and creativity, helps young people to find their own way to be in the world and society. How art can help us to improve our self-esteem, to work in a group, to express our feelings.

WHAT?



FOR WHO?

Projected for young people aged 18 - 29 in Tampere, who are not working or studying. Participants may be unemployed, on sick leave or on disability pension.





We will work in different channels of Self-expression, as theater, dance, music, singing, photography, writing and painting as a way for youngsters to learn something new about themselves and how to express it in this society.

HOW?

With that experiences we will project different creative presentations in public spaces as... exhibitions, performances, videos, etc.

The theater of Life

Learning basic theatre skills

THE
DANCE
OF
IDEALS

Healing Dance
Workshop

Who am I
supposed to be?

Self-Knowledge
Workshop

THE SOUNDS OF SOUL

Music and Singing with
Intention

DOING FOR COMMON GOOD

Bringing creativity
to some communities.

Write it out!
Creative writing
workshop

WICH LENSES
ARE WE
LOOKING AT
LIFE
THROUGH?
Photography
workshop

Let's perform!

creating a
performance to
present in public
spaces

OPENING DOORS
TO THE WORD.

Visit to a place of interest

WORKSHOPS





You are able to produce a wide variety of different solutions to situations.

You have the courage to express yourself and try new ideas going out of your comfort zone.

You like meeting new people and trying new things.

You know how to develop new things or ways of working.

You will improve your studying and working skills.

Using this improvement to help others, will help you in your life.

THE BENEFITS OF THE PROJECT

Creativity is an important part of people's survival and a key life skill. For example, creativity has been found to increase our sense of security, act as a buffer against adversity, and help us realize our potential.

WHEN

AND WHERE



The periods are two months long.

The small group meets twice a week for three hours.

You can register by calling or email us.

Legioonateatteri, Mäntyhaantie 5-7, 33800 Tampere.

Spring periods: 02.02.-31.03.

06.04.-27.05.

01.06.-14.07.



CONTACT US:

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